

ARASAN RURAL DEVELOPMENT SOCIETY

129D Anna Salai, Kalakad, Tirunelveli District -627 501, Tamil Nadu, India



04635 –260966

Email: arasankalakad@yahoo.com

Cell: 9944000787, 9443150426

Web: www.ardsindia.org

ANNUAL REPORT 2020 - 2021

Arasan Rural Development Society (ARDS), is a Registered non-Governmental charitable organization Registered under Tamilnadu Societies Registration Act 27 of 1975 in the year 1988. A group of likeminded, committed and distinguished social workers organized a meeting on 20th August 1988 and discussed the emerging social and economic backwardness of the marginalized, disadvantaged and the most vulnerable communities in Tirunelveli district. They decided to register an organization called 'ArasanVidhyalaya' and later renamed the organization into 'Arasan Rural Development Society' to suit their vision and mission. The basic aims and objectives of the organization facilitate and guide the rural and urban poor and the disadvantaged communities in order to achieve equal participation and realize their basic needs and amenities. The organization has been registered under 12AA and 80G of the Income Tax Act of Ministry of Finance (GOI) of 1961 and systematically legitimized ARDS by registering with Foreign Contribution Regulation Act with the Home Ministry, Government of India, New Delhi.

ARDS prioritized to serve the underprivileged women, children, old aged and persons with disabilities. During the financial year 2020-21 ARDS implemented and benefited the target people under these following programs.

OUR 2020 -2021 PROJECTS AND ACHIEVEMENTS

1) SELF-HELP GROUPS:

ARDS has so far organized 610 groups (529 women groups and 81 men groups) in Kalakad, Cheranmahadevi, Ambai, Nanguneri, Valliyoor, Radhapuram, Pappakudi, and Palayamkottai Blocks in Tirunelveli District. These groups are receiving direct loan from banks and subsidy combined revolving fund. In the previous years, ARDS has issued loans to SHGs for micro enterprises, development activities by availing credit assistance from Govt. Departments - Rashtriya Mahila Kosh, New Delhi, National Minorities Dev. And Finance Corporation, New Delhi /MFIs - Oiko Credit, Hyderabad for Dairy units, Goat Farm, Tailoring and Garments making, Petty shops, Grocery shops, Snacks and Tea stalls, Food processing, Debt redemption, Agriculture, Fish/ Meat stalls, Vegetables/Fruits/Flowers vendors etc. During this year, we have advised the SHG members to inject Covid - 19 vaccine and to keep distance from others, to wear mask, to use sanitizer and to keep the hands clean always.

2) FAMILY COUNSELING CENTRE:

ARDS is implementing the Family Counselling Centre Program at Kalakad with assistance from the Central Social Welfare Board New Delhi since 1.4.2003 onwards. As per the instructions given by CSWB it has been re-located and shifted to All Women Police Station

in Nanguneri, Tirunelveli District, Tamil Nadu since 25.1.2019 onwards. It is functioning with two Counsellors.



Counselling given



Counselling given



Awareness Program for Mill workers of Sankavi Spinning Mill, Moontradaippu Tirunelveli Dt.



Awareness Program for Mill workers at Maruhalkurichi, Nanguneri

They also deal cases in District Social Welfare Office, Tirunelveli, All Women Police Station, Valliyoor, Samathanapuram and Ambassamudram. The Counsellors give assistance like psychological, legal, medical, employment and the clients couldn't go back are referred to Swadhar Greh Home, Old Age Home run by ARDS to rehabilitate the victims. During this financial year Counselling was given for 244 cases of Dowry, Violence against Women, Child Marriage, POCSO Act, Love affairs, Sexual Harassment, Drug addiction, National Integration, Communal Harmony etc. with the assistance of Police officials. 30 Mahila Meetings on Discipline, Health and Hygiene have also been conducted.

3) Swadhar Greh Home for Women in difficult circumstances:

The Arasan Swadhar Greh Home is functioning at Nanguneri in Nanguneri Taluk in Tirunelveli District with assistance from the Ministry of Women and Child Development, New Delhi. The women deserted by their husbands, tortured by drunken husbands, neglected due to un-marriage, suffered by the ill-treatment of in-laws and parents, widows, uncared, deserted during pregnancy, un-wedded pregnancy, left home due to bad habits of husbands, sexual workers, Child marriage, love-affairs etc. are admitted and rehabilitated in the Swadhar Greh Home. The affected women can't go back to their homes after putting case against their husbands/in laws. In these circumstances, suicide alone seems to be the solution. They are sent to this Home by the All Women Police Stations, District Social Welfare Office, One Stop Centre, CDPOs, etc. This Swadhar Greh Home provides timely shelter to such women and extends all possible counseling, legal aid and rehabilitation services.



ARDS Swadhar Greh Office



Women with their children

Meditation and worship are conducted morning and evening regularly in the Home. Television and newspapers are provided for recreation. The Home also arranges for education to the children of these distressed women. Under the rehabilitation program tailoring training, computer training, decorative flowers making, toys production, wire bags preparation, gardening, cooking practice, etc. are organized in the home.



Tailoring Training / Basket Making / Hand works - Rehabilitation Training for Women



The affected women from other states are also admitted into the home and their parents were identified and re-united with them. A part time doctor visits the home every week and gives treatment to the women and children.



Medical Check-up for the inmates by the Part-time Doctor weekly

HIV/TB Test, VDRL Test done to the inmates by the Medical Persons of GH Nanguneri, PHC Munanjipatti. Awareness given for Covid -19 Corona Vaccination and to keep distance from others, to wear mask, to use sanitizer and to keep the hands clean and surroundings clear.

The Superintendent of the Home, Counsellor, Rehabilitation trainer, etc. takes care of the inmates with dedication. The International Day of Girl Child has been celebrated in this Home on 11.10.2020 under the President-ship of the District Social Welfare Office Tmt. P. Vijaya - President, District Mahia Sakthi Kendra and Mrs. C. Rajammal - Senior Counsellor One Stop Centre, Tirunelveli District.



Celebration of International Day of Girl Child on 11.10.2020 in Swadhar Greh

During this year 108 Women and 41 Children were benefited by this program.

4) ARASAN OLDAGE HOME:

ARDS is running the Home for the Oldaged in the name of Arasan OldAge Home' since 1.2.2002 under the scheme of Integrated Program for Older Persons with the support of Ministry of Social Justice and Empowerment, Government of India, New Delhi and local donations. The Home for the Old-aged is functioning at Nanguneri in Tirunelveli District, Tamil Nadu. 25 old aged persons are residing in this home in which 12 are men and 13 are women. The Senior Citizens are being cared sincerely by providing them with all necessary facilities and services. The Senior Citizens uncared by their children/ relatives/ having no children / unmarried persons are benefited in this Old age Home.

The inmates are residing in well built buildings in comfortable rooms. Each inmate is provided a cot, pillow and bed sheets along with separate lockers. Bathroom and latrine facilities are arranged as adjoining complex. Nutritious and delicious food is being provided to the inmates three times in a day. Tea and snacks are given both in morning



Senior Citizens of Arasan Oldage Home



Senior Citizens in the Dining Hall

and evening. Special meals are provided during festivals and other important days. Periodic health check-ups are undertaken by the part time medical practitioner who visits the Home once in a week. Any ailments identified are attended immediately.



Medical Check-up by Part-time Doctor



Yoga Therapy by Yoga Therapist

The nurse helps the inmates for the follow-up treatment. Yoga Therapy is given by Yoga Therapist. It is evident that yoga therapy effectively reduced subjects' anxiety, but improvement across several dimensions of physical and mental health including physicality, relaxation, and mindfulness. Mrs. MageshVani Yoga - Therapist conducts yoga once in a week for our inmates.



CORONA/COVID - 19 Test done by Medical Persons of Govt. Hospital, Nanguneri on 3.10.2020 and 7.11.2020



Cancer Screening /NCD Test done for 25 Senior Citizens on 28.11.2020



Registering the inmates under Health Insurance Scheme - Camp on 5.12.2020

The opportunities for rearing rabbits, doves, ducks and hens and also gardening works relieve their minds from tension and boring status. The inmates are also spending their time in other recreational activities such as watching television, hearing radios, reading newspapers/magazines / books and playing indoor games.

During this financial year ARDS has celebrated independence day, International Day of Oldaged, Christmas Day in this Oldage Home.



Independence Day Celebrated on 15.8.2020 - Secretary of ARDS Distributed the prizes



International Day of Oldaged celebrated on 1.10.2020



Rope Pulling Race for Senior Citizens (men and women)



Christmas Day Celebrations on 24.12.2020

During this year, we have arranged an excursion for the Senior Citizens to Kanyakumari on 31.3.2021. 17 senior citizens with Superintendent, Social Worker, Staff Nurse and Cleaner were participated in the tour program. Persons with inability of Blind, paralytic, knee pain, sick were not participated



Senior Citizens with Staff - Tour Program to Kanyakumari on 31.3.2021.



MP of Tirunelveli Constituency Thiru Gnana Thiraviyam with his team members has visited our Oldage home on the Birth Day of Udhayanithi Stalin son of the present Hon'ble Chief Minister of Tamil Nadu Thiru MK. Stalin on 20th November 2020 and gave food to the Senior Citizens He appreciated the staff and the management for the good efforts taken and for the good caring of the inmates.

Visit of the MP of Tirunelveli Constituency Thiru Gnana Thiraviyam

CELEBRATION OF NAVY DAY

Navy Day in India is celebrated on 4th December every year to recognize the achievements and role of the Indian Navy to the country. Navy Day in India is celebrated on 4 December every year to recognize the achievements and role of the Indian Navy to the country. 4th December was chosen as on that day in 1971, during Operation Trident, the Indian Navy sank four Pakistani vessels including PNS Khaibar, killing hundreds of Pakistani Navy personnel. On this day, those killed in the Indo-Pakistan War of 1971 are also remembered. The Naval Command officers celebrated the Vijaya Narayanam. Navy

Captain: Ashish Sharma with his Team and Police Escorts and Staff of Arasan Oldage Home participated the program on 10.12.2020.



Present - Navy Captain Mr. Ashish Sharma with his Team and Police Escorts and Staff of Arasan Oldage Home

We are happy to report that the Senior Citizens are leading a peaceful and satisfied living in our Home. The Superintendent of the Oldage Home, Social worker, Nurse and Assistants give full attention to the inmates. On behalf of these Senior Citizens of the Arasan Oldage Home, we thank the Government for supporting this noble service.

5) FPO Project of NABARD Chennai:

Faremer Producers Organisation Project of NABARD:

ARDS has been organising the farmers under the Farmers Producers Organisation with the financial aid of NABARD. The aim of the project is to organise the farmers under Farmers Producers Organisations and register the same under the cooperatives act. This will help the farmers in cultivation, and marketing of their produce. So far ARDS has given Awareness to more than 750 farmers on the FPO concept. Subsequently 110 most interested farmers joined the FPO as members. A FPO with 110 members was registered as Kalanthai Farmers Producers Organisation in Kalakad. The joined members are given training in various cultivation techniques and in different crops as per the season.



FPO IN THE TRAINING PROGRAM AT ESHA



In brief, the PO could undertake the following activities:

- Procurement of inputs, Disseminating market information
- Dissemination of technology and innovations, Facilitating finance for inputs
- Aggregation and storage of produce, Primary processing like drying, cleaning and grading
- Brand building, Packaging, Labeling and Standardization, Quality control
- Marketing to institutional buyers, Participation in commodity exchanges
- Export

6) SANITARY TOILETS:

Open defecation is an issue that can affect everyone but women are often at more risk of experiencing violence and multiple health vulnerabilities. Women with poor sanitation facilities are more susceptible to hookworm infestation resulting in maternal anemia, which in turn is directly associated to adverse pregnancy outcomes. Women with limited or no access to toilet predominantly suffered from diarrheal diseases, a leading cause of under nutrition among women during their reproductive age. To stop defecation in our working villages a request was made to SELAVIP Foundation, Chile. Subsequently ARDS has constructed 60 sanitary latrines in Kalakad with the financial help of SELAVIP Foundation in Kalakad Block, Tirunelveli District, Tamil Nadu



60 Toilets constructed to the rural needy people in Kalakad Block, Tirunelveli District

7) RICE BAGS FOR POOR PEOPLE IN VILLAGES DURING COVID-19 PANDEMIC:

ARDS has supported the rural poor during this COVID-19 Pandemic by distributing rice bags to 100 poor families in Kalakad Block.



Rice Bags given at Pudur in Padalayarkulam Village Panchayat, Kalakad Block

8) POLIO CAMPAIGN:

We have one special centre nearer to our ARDS premises with the support of PHC Thirukkurungudi in Kalakad Block since 1994. Medical Officers and Health Inspectors and Staff of ARDS supporting on this POLIO Immunization Day. This helps the nearby people to bring their children and to avoid long distance travels.



During this year 145 children were given Polio Drops.

ACKNOWLEDGEMENTS:

Arasan Rural Development Society expresses its sincere gratitude to all the donors, Central & State Government Departments, Govt. Officials and everyone and Foreign Donors who have generously participated in our programmes and extended their support assisted for the successful implementation of development programs.

- * Selavip of Chile
- * Ministry of Social Justice & Empowerment
- * Tamil Nadu State Social Welfare Board
- * NABARD Chennai
- * Central Social Welfare Board, New Delhi
- * Ministry of Women & Child Development
- * Integrated Child Dev. Services Dept.

Report Prepared & Submitted by
MR. T. KINGSLEY MOSES
Secretary, ARDS, Kalakad.

SECRETARY
ARASAN RURAL DEVELOPMENT SOCIETY
129-D, ANNA SALAI, KALAKAD - 627 501,
TIRUNELVELI DISTRICT, TAMIL NADU.